

Other Ingredients: Vegetable Cellulose, Vegetable Stearic Acid. **Contains <2% of:** Gelatin, Natural Palm Leaf Glaze, Vanillin, Vegetable Magnesium Stearate. Contains milk ingredients. Contains bioengineered food ingredients.

DIRECTIONS: For adult men, take two (2) caplets daily, preferably with a meal.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. If any adverse reactions occur, stop use and consult your doctor. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

No Artificial Color, No Sugar, No Gluten, No Wheat, No Yeast, No Fish.

TO REORDER ITEM # 3894
www.puritan.com
 1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
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Puritan's Pride

**ULTRA
VITA MAN™**

DAILY MULTI

**Premium Performance Formula
For Men**

HIGH POTENCY

TIMED RELEASE

90 COATED
CAPLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Caplets
 Servings Per Container 45

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A 1,500 mcg (as Retinyl Acetate and Beta-Carotene)	167%	Calcium 100 mg (as Calcium Carbonate, Dicalcium Phosphate, Calcium Citrate, Calcium Silicate and d-Calcium Pantothenate)	8%	Boron 2 mg (as Boric Acid)	*
Vitamin C 300 mg (as Ascorbic Acid)	333%	Iodine 150 mcg (as Potassium Iodide)	100%	Vanadium 10 mcg (as Sodium Metavanadate)	*
Vitamin D 50 mcg (2,000 IU) (as D3, Cholecalciferol)	250%	Magnesium 50 mg (as Magnesium Oxide)	12%	Ultra Man Amino Blend 150 mg (L-Taurine, L-Glutamine, L-Arginine, L-Valine, L-Cysteine, L-Leucine, N-Acetyl L-Carnitine Hydrochloride, L-Isoleucine, L-Carnitine, L-Methionine)	*
Vitamin E 20 mg (as dl-Alpha Tocopheryl Acetate)	133%	Zinc 15 mg (as Zinc Oxide)	136%	Ultra Man Bio-Active Blend 120 mg (Pumpkin Seed (<i>Cucurbita pepo</i>), Saw Palmetto Extract (<i>Serenoa repens</i>) (fruit), Lycopene)	*
Vitamin K 75 mcg (as Phytonadione)	63%	Selenium 200 mcg (as Sodium Selenate)	364%	Antioxidant Blend 120 mg (Citrus Bioflavonoid Complex (<i>Citrus limon</i>) (peel), Bilberry Extract (<i>Vaccinium myrtillus</i>) (fruit), Elderberry (<i>Sambucus nigra</i>) (fruit), Black Currant (<i>Ribes nigrum</i>) (fruit), Grape Seed Extract (<i>Vitis vinifera</i>), Brussels Sprout Extract, Kale Extract, Cauliflower Extract, Celery Seed Extract (<i>Apium graveolens</i>), Carrot Extract, Broccoli Extract, Cabbage Extract, Resveratrol from (<i>Polygonum cuspidatum</i>) (root), Lutein, Coenzyme Q-10)	*
Thiamin 50 mg (Vitamin B-1) (as Thiamin Mononitrate)	4,167%	Copper 2 mg (as Cupric Oxide)	222%		
Riboflavin 50 mg (Vitamin B-2)	3,846%	Manganese 2 mg (as Manganese Gluconate)	87%		
Niacin 50 mg (as Niacinamide)	313%	Chromium 200 mcg (as Chromium Picolinate)	571%		
Vitamin B-6 50 mg (as Pyridoxine Hydrochloride)	2,941%	Molybdenum 72 mcg (as Sodium Molybdate)	160%		
Folate 666 mcg DFE (400 mcg folic acid)	167%	Chloride 27 mg (as Potassium Chloride)	1%		
Vitamin B-12 100 mcg (as Cyanocobalamin)	4,167%	Potassium 10 mg (as Potassium Chloride)	<1%		
Biotin 1,000 mcg	3,333%	Alpha Lipoic Acid 10 mg	*		
Pantothenic Acid 50 mg (as d-Calcium Pantothenate)	1,000%	Inositol 10 mg	*		
Choline 10 mg (as Choline Bitartrate)	2%				

*Daily Value not established.