

DIRECTIONS: For adult men, take two (2) caplets daily, preferably with a meal.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical or surgical procedure or are planning to undergo any clinical lab testing or have any medical condition, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

No Artificial Color, Flavor or Sweetener, **No** Sugar, **No** Gluten, **No** Wheat, **No** Yeast, **No** Fish.



TO REORDER ITEM # 17312
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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Puritan's Pride
ULTRA MAN™
50 PLUS
DAILY MULTI

Performance Formula
Targeted for Men Over 50

HIGH POTENCY TIMED RELEASE

120 COATED
CAPLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Caplets
Servings Per Container 60

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A 1,500 mcg (as Beta-Carotene and Vitamin A Acetate)	167%	Iodine 150 mcg (as Potassium Iodide)	100%	Hydrochloride, L-Arginine (as L-Arginine Hydrochloride), L-Carnitine (as L-Carnitine Fumarate)	
Vitamin C 300 mg (as Ascorbic Acid)	333%	Magnesium 100 mg (as Magnesium Oxide)	24%	UM50+ Bio-Active Blend 120 mg	*
Vitamin D 50 mcg (2,000 IU) (as D3 Cholecalciferol)	250%	Zinc (as Zinc Oxide) 25 mg	227%	Flax (<i>Linum usitatissimum</i>) (seed), Saw Palmetto Extract (<i>Serenoa repens</i>) (fruit), Pumpkin Seed (<i>Cucurbita sp.</i>), Lycopene	
Vitamin E 20 mg (as d-Alpha Tocopheryl Acetate)	133%	Selenium 200 mcg (as Sodium Selenate)	364%	UM50+ Herbal Blend 50 mg	*
Vitamin K 80 mcg (as Phytanadione)	67%	Copper 2 mg (as Cupric Oxide)	222%	Citrus Bioflavonoid Complex (<i>Citrus limon</i>) (peel), Carrot Extract, Broccoli Extract, Grape Seed Extract (<i>Vitis vinifera</i>), Bilberry Extract (<i>Vaccinium myrtillus</i>) (fruit), Elderberry (<i>Sambucus nigra</i>) (fruit), Black Currant (<i>Ribes nigrum</i>) (fruit), Alpha Lipoic Acid, Co-Enzyme Q-10, Resveratrol from (<i>Polygonum cuspidatum</i>) (root), Pine Bark Extract (<i>Pinus pinaster</i>), Lutein	
Thiamin 30 mg (Vitamin B-1) (as Thiamin Mononitrate)	2,500%	Manganese 2 mg (as Manganese Gluconate)	87%	UM50+ Vitality Blend 100 mg	*
Riboflavin 30 mg (Vitamin B-2)	2,308%	Chromium 200 mcg (as Chromium Picolinate)	571%	Green Tea (<i>Camellia sinensis</i>) (leaf), Cayenne Pepper (<i>Capsicum annuum</i>) (fruit), Spirulina, Ginkgo Biloba (<i>Ginkgo biloba</i>) (leaf), Neuro-PS® Phosphatidylserine	
Niacin 30 mg (as Niacinamide)	188%	Molybdenum 75 mcg (as Sodium Molybdate)	167%		
Vitamin B-6 30 mg (as Pyridoxine Hydrochloride)	1,765%	Potassium 30 mg (as Potassium Chloride)	<1%		
Folate 666 mcg DFE (400 mcg folic acid)	167%	Choline Bitartrate 10 mg	*		
Vitamin B-12 100 mcg (as Cyanocobalamin)	4,167%	Inositol 10 mg	*		
Biotin 500 mcg	1,667%	Boron 2 mg	*		
Pantothenic Acid 30 mg (as d-Calcium Pantothenate)	600%	Vanadium 10 mcg (as Sodium Metavanadate)	*		
Calcium 290 mg (as Calcium Carbonate, Dicalcium Phosphate and Calcium Citrate)	22%	UM50+ Amino Acid Blend 50 mg L-Glutamine, L-Valine, L-Cysteine, L-Leucine, L-Isoleucine, L-Methionine, Taurine, N-Acetyl L-Carnitine	*		

Other Ingredients: Vegetable Cellulose. **Contains <2% of:** Calcium Silicate, Gelatin, Maltodextrin, Triacetin, Vegetable Stearic Acid, Vegetable Magnesium Stearate.

Contains milk and soy ingredients. Contains bioengineered food ingredients.