

HERBALIFE 24

NUTRITION FOR THE
24-HOUR ATHLETE

PREPARE

NITRIC OXIDE PRECURSOR AND
CREATINE SUPPLEMENT SYSTEM*



TROPICAL MANGO
natural flavor with
other natural flavors



DIETARY SUPPLEMENT
NET WT: 0.56 OZ (16g)



* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Compelling Performance Requires Preparation.

Prepare Working muscles require oxygen-rich blood. Developed with Nobel Laureate Dr. Lou Ignarro,*** Prepare supports healthy blood flow and nutrient delivery to muscles during exercise.* A precursor system of L-arginine, L-citrulline, and ornithine aKG supports nitric oxide production, and gold-standard creatine monohydrate supports intense muscular contractions to further power your workouts.*

- **Support Healthy Blood Flow***
- **Enhance Fast-Twitch Muscular Contractions***
- **Maintain Focus and Performance***

DIRECTIONS: Mix 1 packet (16g) into 16 fl oz of water and consume once a day prior to or during exercise.

NSF Certified for Sport® (Verify this batch has been tested at www.nsf.org):

- TESTED – Clean of athletic banned substances
- VERIFIED – Meets label claims and contaminant test criteria
- AUDITED – Manufacturing facility is GMP compliant

30-day money-back guarantee. This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

NOTICE: Do not use if sensitive to caffeine. Not recommended for use by children under 18 years of age. Not recommended for use by pregnant or nursing women.

*** Dr. Lou Ignarro, a Nobel laureate in medicine, is a scientific advisor to Herbalife Nutrition and receives compensation for his endorsement of Herbalife Nutrition® products. The Nobel Foundation has no affiliation with Herbalife Nutrition and does not review, approve or endorse Herbalife Nutrition® products.

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Supplement Facts

Serving Size: 1 packet (16 g), Servings Per Packet: 1, Amount Per Serving: **Calories 70, Total Carbohydrate** 10 g (4% DV**), Vitamin C (as Calcium Ascorbate) 120 mg (133% DV), Vitamin E (as DL-Alpha Tocopheryl Acetate) 6.7 mg (45% DV), Vitamin B1 (as Thiamine Mononitrate) 0.37 mg (31% DV), Folate 680 mcg DFE (400 mcg folic acid) (170% DV), Sodium (as Sodium Citrate and Sea Salt) 100 mg (4% DV), Potassium (as Potassium Phosphate) 90 mg (2% DV), L-Arginine 3000 mg†, L-Citrulline 200 mg†, L-Ornithine Alpha Ketoglutarate 150 mg†, Betaine 40 mg†, Caffeine 100 mg†, Creatine Monohydrate 2100 mg†, Stevia Extract (Leaf) 78 mg†.

** Percent Daily Values (% DV) are based on a 2,000 calorie diet.

† Daily Value not established.

OTHER INGREDIENTS: Maltodextrin, Citric Acid, Natural Flavors, Silicon Dioxide, Medium Chain Triglycerides, and Beta Carotene.

Formulated and distributed exclusively by: HERBALIFE INTERNATIONAL OF AMERICA, INC.
800 W. Olympic Blvd., Suite 406, Los Angeles, CA 90015, USA
Made in USA with US and imported ingredients

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