

SHATAVARI
MORINGA
GOAT'S RUE
MILK THISTLE

After years of delivering the highest quality milk-boosting foods and teas, we picked the very best blend of lactogenic herbs to help keep your milk supply strong. You love on your baby. We'll take care of the rest. Mama, you got this.

FENUGREEK FREE

To buy more or learn about our other lactation products please visit

OATMAMA.COM

YOU GOT THIS



OAT MAMA™



LACTATION BLEND
SUPPORTS A HEALTHY MILK SUPPLY*

60 VEGETARIAN CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 60

	Amount Per Serving	%DV*
Proprietary You Got This Blend:	700 mg	*
Alfalfa Powder, Fennel Seed Powder, Goats Rue Powder, Milk Thistle Powder, Moringa Powder, Shatavari (Asparagus) Powder, Spirulina Microalgae Powder.		

*Daily Value not established

**Percent Daily Values based on a 2,000 calorie diet.

Other Ingredients: Cellulose (Vegetarian Capsule), Rice Flour.
Suggested Use: Take one capsule, twice daily.



Manufactured for: Oat Mama
810 E. 17th St, Tucson, AZ 85719

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