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FIRST TRIMESTER



OAT MAMA™

MORNING
SICKNESS TEAMEYER LEMON GINGER
CAFFEINE FREE14 TEA BAGS
NET WT. 3.0g

SUGGESTED USE

Drink 1 to 3 cups a day

DIRECTIONS

Steep one tea bag in 8 ounces of hot water for 4 to 5 minutes. Enjoy hot or cold. Each tea bag can be re-steeped for an additional serving.

INGREDIENTS

Good Carbon Black Tea, Organic Ginger Root Pieces, Lemon Verbena, Organic Lemon Peel Pieces, All Natural Fruit Flavors.

DIETARY SUPPLEMENT WARNINGS:

Keep out of reach of children. Consult your doctor before using. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, or prevent any disease.

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OAT MAMA



YOU GOT THIS

At Oat Mama, we support and celebrate being a mother. That's why we deliver handcrafted teas specifically designed for every stage of your journey.

Our first trimester tea helps ease the symptoms of morning sickness. The refreshing scent of steeped lemon and natural properties of ginger help curb nausea and settle your stomach while the polyphenols in black tea promote a healthier gut. As moms, we know morning sickness is not easy. We're here to help get you through it one sip at a time.

MADE IN THE USA

WOMEN-OWNED BUSINESS

