



SOY PROTEIN ISOLATE POWDER

- ACTIVE ISOFLAVONES • VEGETARIAN FORMULA
- LOW FAT • ZERO CARBS
- GLUTEN FREE • ASPARTAME-FREE



(See Side Panel)

NATURALLY UNFLAVORED

PROTEIN SUPPLEMENT POWDER
NET WT. 32 oz. (2 LB) (908 g)

NOTICE: Use this product as a food supplement only.
Do not use for weight reduction.



No Artificial Color,
Flavor or Sweetener,
No Sugar, No Starch,
No Milk, No Lactose,
No Gluten, No Wheat,
No Yeast, No Fish.



Part No 30-43001

SOY PROTEIN ISOLATE POWDER

Supplement Facts

Serving Size 1 Scoop (28 g)
Servings Per Container about 32

Amount Per Serving	%Daily Value
Calories	110
Total Fat	1 g 1%**
Saturated Fat	0 g 0%**
Cholesterol	0 mg 0%
Total Carbohydrate	0 g 0%**
Protein	24 g 48%**
Calcium	40 mg 3%
Iron	3 mg 17%
Phosphorus	180 mg 14%
Zinc	0.9 mg 8%
Copper	0.22 mg 24%
Molybdenum	14 mcg 31%
Sodium	280 mg 12%

**Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Isolated Soy Protein, Soy Lecithin.
Contains soy ingredients.

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

DIRECTIONS: (Shake the can before each use.) For adults, take one (1) scoop (28 g) as a food, blended with low-fat milk, vegetable juice of your choice or any low-calorie flavorings or extracts. It is excellent when added to soup.

*Diets low in saturated fat and cholesterol that include 25 grams of soy protein per day may reduce the risk of heart disease. One serving of Pure Soy Protein Isolate Powder provides 24 grams of soy protein in a low-fat formula.

Soy Protein Isolate Powder also includes the soy isoflavone metabolites plus essential amino acids from protein and minerals for well-balanced nutritional value. Especially recommended for vegetarian and vegan diets, which may not provide sufficient protein. Soy Protein Isolate Powder is an ideal source of this essential nutrient.

Enjoy the benefits of our low-fat soy protein powder by mixing with milk or your favorite beverage for a great-tasting, protein-packed, convenient supplement.

Soy Protein Isolate Powder

Cholesterol Free.

Add to Milk, Juices, and Other Foods for Extra Calories or Protein

Great Source of Protein for Vegetarians

Typical Amino Acid Profile per serving:

L-Alanine	1,033 mg
L-Arginine	1,826 mg
L-Aspartic Acid	2,787 mg
L-Cysteine	312 mg
L-Glutamic Acid	4,590 mg
L-Glycine	1,009 mg
***L-Histidine	625 mg
***L-Isoleucine	1,177 mg
***L-Leucine	1,970 mg
***L-Lysine	1,514 mg
***L-Methionine	312 mg
***L-Phenylalanine	1,250 mg
L-Proline	1,225 mg
L-Serine	1,250 mg
***L-Threonine	889 mg
***L-Tryptophan	336 mg
L-Tyrosine	913 mg
***L-Valine	1,201 mg

***Essential Amino Acids

Contents are sold by weight. Some settling may occur.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER ITEM #2660
www.puritan.com
1-800-645-1030

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