

AYURVEDIC HERBS

## Tranquil Mind

Promotes Mental Calmness and Well-being\*



90 Tablets Dietary Supplement

Certified Organic

## **Supplement Facts**

Serving Size: 2 tablets Servings Per Container: 45

Amount Per Serving 1000mg\*\*

## Proprietary Blend

Eclipta leaf (Bhringarai), Eclipta alba+

Skullcap herb, Scutellaria lateriflora+ Passionflower herb. Passiflora incarnata+

Indian Tinospora stem (Guduchi), Tinospora cordifolia+

Chamomile flower. Matricaria recutita+

Gotu Kola leaf (Brahmi). Centella asiatica+

Ashwagandha root, Withania somnifera+ Finger-leaf Morning Glory root (Vidari Kanda), Ipomoeo digitata+

Fennel seed, Foeniculum vulgare+ Long Pepper fruit (Pippali), Piper longum+

\*\*Daily Value not established

Other ingredients, from natural sources: organic gum acacia, organic rice flour.

+Certified Organic

Suggested Use: Take 1-2 tablets, once or twice daily, or as directed by your health practitioner.

Not to be used during pregnancy. If you are nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product. Keep out of the reach of children.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Store in a cool, dry place. Do not use if seal is broken or missing. Free of gluten, soy, and dairy. 100% vegetarian.





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of Agriculture