

take 30 to 40 drops in a little water.

Two to five times per day

SHAKE WELL BEFORE USING

002

SUGGESTED USE

HERBAL GLYCERITE EXTRACT

OAT SEED

Avena sativa

Fresh "Milky" Seed

ALCOHOL-FREE



HERBAL DIETARY SUPPLEMENT
4 Fluid Ounces (118.4 ml)

We prepare our Oat Seed Glycerite from the fresh (undried) seed of *Avena sativa* which is **Certified Organically Grown** on our own farm without the use of chemical fertilizers, pesticides or herbicides.

To assure optimal extraction of Oat's bioactive compounds, the seeds are hand-harvested only in their semi-mature ("milky") stage and are then taken directly to our laboratory and promptly extracted while still fresh and succulent.

Our Oat Seed is never fumigated or irradiated.

Fresh herb / menstruum ratio: 1 : 2

Contains vegetable glycerine (50 - 55%), distilled water & Oat Seed extractives.

CONTAINS NO ALCOHOL

