



Carlson®

Methyl B-12

Active Methylcobalamin Form

DIETARY SUPPLEMENT

✓ Healthy Metabolism* ✓ Brain Function* ✓ Nerve Health*

120 Lozenges

Supplement Facts

Serving Size 1 Lozenge
Servings Per Container 120

	Amount Per Serving	% Daily Value
Vitamin B-12 (as methylcobalamin)	1,000 mcg	41,667%

Other Ingredients: Sorbitol, dextrose, mannitol, citric acid, stearic acid, silicon dioxide, beet juice powder (for color), natural lemon flavor, magnesium stearate (veg.).

Directions: Adults: take one lozenge daily **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Methyl B-12, also known as methylcobalamin, is an active, functional form of B-12 that's preconverted before it enters our body for optimal bioavailability. Methylcobalamin supports healthy metabolism, brain function, nerve function, and red blood cell formation.*

✓ Gluten-free ✓ Soy-free
✓ No Artificial Preservatives

POTENCY & QUALITY
GUARANTEED



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