



Folic Acid

400 mcg

DIETARY SUPPLEMENT

✓ Prenatal Support* ✓ Fetal Development* ✓ Heart Health*

300 Vegetarian Tablets | 300 Servings

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 300

	Amount Per Serving	% Daily Value for Adults	% Daily Value for Pregnant Women
Folate (400 mcg folic acid)	680 mcg DFE	170%	113%

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid (veg.), silicon dioxide, magnesium stearate (veg.).

Directions: Adults and pregnant women: take one tablet daily **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

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Folic Acid is an essential B vitamin for women who are pregnant or may become pregnant. It supports healthy fetal development and red blood cell formation and promotes cardiovascular and nervous system health.*

- ✓ **Gluten-free**
- ✓ **No Artificial Preservatives**

POTENCY & QUALITY GUARANTEED

