



Folic Acid

800 mcg

DIETARY SUPPLEMENT

✓ Prenatal Support* ✓ Fetal Development* ✓ Heart Health*

1,000 Vegetarian Tablets

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 1,000

	Amount Per Serving	% Daily Value for Adults	% Daily Value for Pregnant Women
Folate (800 mcg folic acid)	1,360 mcg DFE	340%	227%

Other Ingredients: Dicalcium phosphate, micro-crystalline cellulose, magnesium stearate (veg.).

Directions: Adults and pregnant women: take one tablet daily **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

✓ **Gluten-free** ✓ **No Artificial Preservatives**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Folic Acid is an important B complex vitamin for women who are pregnant or who may become pregnant. Folic Acid supports prenatal health and fetal development, and promotes heart health and red blood cell production.*

**POTENCY & QUALITY
GUARANTEED**

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