

Carlson®

Providing the highest quality
nutritional supplements since 1965

Vitamin C is an essential antioxidant needed for building collagen,* maintaining teeth and gum tissue health,* and supporting our body's natural defenses.* **Mild-C®** contains a non-acidic form of vitamin C that's gentle on the stomach.

Mild-C® is usually well-tolerated by those who have food sensitivities, since it's made with high-quality calcium ascorbate. No free ascorbic acid is present.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



3084-2d



Mild-C®

1,600 mg • Vitamin C Powder

DIETARY SUPPLEMENT

✓ Immune Support* ✓ Antioxidant* ✓ Optimal Wellness*

Net Wt. 35 oz (2.2 lb) (1000 g)

Supplement Facts

Serving Size 1/2 Teaspoonful (1 level enclosed scoopful - 2 g)
Servings Per Container about 500

	Amount Per Serving	% Daily Value
Vitamin C (from calcium ascorbate)	1,600 mg	1,778%
Calcium (from calcium ascorbate)	180 mg	14%

Ingredient: Pure calcium ascorbate crystals.

Directions: Adults: take one 1/2 teaspoonful (one level scoopful) once **at mealttime**. Stir into a beverage. Keep bottle tightly closed. Store away from heat and moisture.

✓ **Gluten-free** ✓ **Citrus-free**
✓ **No Artificial Preservatives**

This container has been carefully filled by weight to contain 1000 grams, which is 1 kilogram or 35 ounces, and does not completely fill the container. This amount fills approximately 3/4 of the container.

POTENCY & QUALITY GUARANTEED

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