

# CCF TEA

# Mellow Mind™

*with Chamomile and Brahmi*

ORGANIC  
Ayurvedic Teas

CAFFEINE-FREE HERBAL BLEND

Dietary Supplement  
6 oz • 170g



## Mellow Mind™

### CCF Tea with Chamomile and Brahmi

Soothing and calming blend\*

Relaxes the mind and body\*

Perfect for after work or before bed

Mellow Mind combines Ayurveda's famous spice blend of coriander, cumin, and fennel with a calming and soothing mixture of Ayurvedic and western herbs. Mellow Mind relaxes the mind and body and is a perfect tea to sip on after work or just before going to sleep.\*

**Suggested Use:** Combine ½ tablespoon Mellow Mind with 8 ounces hot water. Let steep for 5–7 minutes, strain, and serve! Mellow Mind can be made in larger batches at the ratio of ½ tablespoon per 1 cup of water. For a stronger brew, steep for 10 minutes.

If you are pregnant, nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Sustainably Sourced



Fairly Traded

Banyan Botanicals was founded in 1996 with the mission to help people achieve and maintain optimal health and well-being. As an Ayurvedic lifestyle company, we specialize in products made from herbs that are organically grown, sustainably sourced, fairly traded, and made in the USA. We are proud to be a Certified B Corporation, joining the global movement to redefine success in business.



Rev. 01



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### Supplement Facts

Serv Size: ½ tablespoon Servings: 80

Amount Per Serving

Proprietary Blend ½ tbsp\*\*

Chamomile flower *Matricaria recutita*\*,  
Coriander seed *Coriandrum sativum*\*, Cumin  
seed *Cuminum cyminum*\*, Cardamom seed  
*Elettaria cardamomum*\*, Fennel seed  
*Foeniculum vulgare*\*, Rosemary leaf  
*Rosmarinus officinalis*\*, Gotu Kola leaf (Brahmi)  
*Centella asiatica*\*, Skullcap herb *Scutellaria  
lateriflora*\*, Lavender flower *Lavandula*\*,  
Passionflower herb *Passiflora incarnata*\*

\*Certified Organic  
\*\*Daily Value Not Established

Lot No. XXXXXX

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Certified Organic by New Mexico  
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