Sitting quiet is most essential.

Don't waste your time by not doing this.

— PAPAJI, SRI H.W.L. POONJA —

The photo on this package is one of our farmers or a family member.



MANUFACTURED IN INDIA
Distributed in the USA by:
ORGANIC INDIA USA
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Boulder, CO 80301
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For more information, visit
OrganicIndiaUSA.com

Enjoy by Batch number See bottom





MAKERS of the ORIGINAL TULSI TEAS

	Amount Per Serving	% D1
Proprietary Organic Blend	2.0 g	
Organic Tulsi (Holy Basil)	Blend	
Rama Tulsi (leaf & flower	er)	Ť
Krishna Tulsi (leaf & flov	wer)	†
Vana Tulsi (leaf & flowe	r)	t
Organic Green Tea		†
Organic Hibiscus (flower)	ļ.	†
Organic Elderberries (berry)		†
Organic Pomegranate (flo	wer)	†

OTHER INGREDIENTS: Organic Pomegranate and

\*These statements have not been evaluated by the FDA. This product

is not intended to diagnose, treat, cure, or prevent any disease,

Organic Raspberry Flavors





CERTIFIED ORGANIC

# Tulsi

### **POMEGRANATE GREEN**

A flavorful blend of Tulsi, green tea & pomegranate



Tulsi Tea is abundant in antioxidants\*

CONTAINS CAFFEINE

Stress Relieving & Energizing\*
Loose leaf Tulsi blend • Net Weight 100q/3.5oz

## Tulsi

#### **POMEGRANATE GREEN**

#### It's your teatime!

Treat your taste buds to the bright burst of berry and pomegranate, infused with green tea, tempered with the elegance of citrus and the spice of Tulsi.

A tango of healthy antioxidants and flavor!\*

#### **ABOUT TULSI TEA**

Throughout India, Tulsi is revered as a sacred plant infused with healing powers, and is lovingly called the "Queen of Herbs". Traditionally grown in an earthen pot in every home, Tulsi (also known as Holy Basil) makes a delicious and energizing herbal tea. Tulsi is an adaptogenic herb which helps your body relieve the negative effects of stress.\* Repeatedly noted for 5,000 years throughout sacred Indian scriptures, Tulsi's remarkable life-enhancing qualities are now here for you to fully enjoy. Drinking 3 cups a day is recommended.

**Directions:** Place one heaping teaspoon of Tulsi blend per cup in teapot. Pour boiling water directly on Tulsi leaves. Infuse for 3-5 minutes. Strain and serve.

**For 1 quart of Iced Tea:** Pour 2 cups of boiling water over 8 teaspoons of Tulsi, cover and infuse for 20 minutes. Strain and add 2 cups of cold water and refrigerate. Pour over ice to serve.