Norwegian

Salmon Oil and GLA

400 mg 0mega 3s +

POTENCY

GLA from Borage Seed Oil DIETARY SUPPLEMENT

✓ Heart Function* ✓ Joint Support* ✓ Healthy Skin* 60 Soft Gels | 30 Servings

Supplement Facts Carlson, Providing the finest Norwegian omega-3s since 1982

Serving Size 2 Soft Gels Servings Per Container 30

Amount Per	r Serving	% DV
Calories	20	
Total Fat	2 g	3%**
Cholesterol	<5 mg	1%
Protein	<1 g	
Vitamin E (as d-alpha tocopherol)	13.4 mg	89%
Norwegian Salmon Oil⁴	1,650 mg	†
Total Omega-3 Fatty Acids [☆]	400 mg	+
EPA (Eicosapentaenoic Acid)	170 mg	†
DHA (Docosahexaenoic Acid) *	140 mg	†
GLA (Gamma Linolenic Acid)(from borage seed oil)	80 mg	†
** Percent Daily Values are based on a 2,000 calorie diet.		

† Daily Value (DV) not established. Reported as triglycerides. Other Ingredients: Soft gel shell (beef gelatin, glycerin, water), mixed tocopherols. Contains fish (salmon, anchovy, sardine, mackerel, jack mackerel).

▲Contains over 50% salmon oil.

Directions: Adults: take two soft gels daily at mealtime.



Salmon oil and GLA from borage seed oil work together to support a healthy balance of prostaglandins, the body's own regulating hormones.* Salmon Oil and GLA also provides the beneficial omega-3s EPA and DHA, which promote heart, joint, and skin health.*

✓ Gluten-free ✓ No Artificial Preservatives

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants. Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.

Arlington Heights, IL 60004 USA • 888-234-5656 www.carlsonlabs.com · An FDA Regulated Facility



