

DIRECTIONS & RECOMMENDED USE:

As a dietary supplement, take 5 capsules daily 30 minutes prior to sleep or as directed by your healthcare practitioner.

WARNING:

Avoid driving, operating heavy machinery, consuming alcohol or performing high risk tasks whilst consuming this supplement. Do not exceed recommended dose. Pregnant or nursing mothers, children under 18 and individuals with known medical conditions should consult a physician before using this dietary supplement. Discontinue use and consult your physician if any adverse reactions occur. Keep out of reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



vita**monk**

RELAXERIL™

NATURAL MUSCLE RELAXANT

- May Help Ease Tense Muscles*
- Supports Restful Sleep*

Dietary Supplement

150 Capsules

Supplement Facts

Servings Size 5 capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calcium (from Calcium Citrate)	100 mg	10%
Magnesium (from Magnesium Citrate)	400 mg	100%
Valerian Root Powder (Valeriana Officinalis)	600 mg	**
Passion Flower Extract (Passiflora Incarnata) (4% Flavonoids)	350 mg	**
Chamomile Extract (2% Flavones)	150 mg	**
**Daily Value not established.		

Other Ingredients: Vegetable Cellulose Capsule, Rice Flour, Rice Extract

To get 15% off your next purchase, visit
www.vitam Monk.com/Thanks

Manufactured for VitaMonk
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