

RECOMMENDED USE:

Take one serving daily with meals.

WARNING:

Product may cause gastrointestinal discomfort, including diarrhea. Do not exceed recommended dose. Pregnant or nursing mothers, children under 18 and individuals with known medical conditions should consult a physician before using this dietary supplement. Discontinue use and consult your physician if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for VitaMonk

2637 E Atlantic Blvd #24351

Pompano Beach, FL 33062

VitaMonk.com



vita**monk**

QUAD-MAGNESIUM™

BIOAVAILABLE MAGNESIUM BLEND

- Promotes Brain & Neurological Health*
- Enhances Relaxation & Quality of Sleep*

DIETARY SUPPLEMENT

60 CAPSULES

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Magnesium (as Magnesium Glycinate Chelate, Magnesium Dotate, Di-Magnesium Malate, and Magnesium Taurinate)	225 mg†	54%

† Daily Value not established.

Other Ingredients: Vegetable Cellulose Capsules, Rice Flour

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