

DIRECTIONS & RECOMMENDED USE:

As a dietary supplement, take 1 capsule 1-2 times daily or as directed by your healthcare practitioner.

WARNING:

Keep out of reach of children. Do not use if pregnant, nursing, or under the age of 18. Consult with a health care professional if you have or suspect a medical condition, or before beginning any new dietary supplement. If you experience any adverse reactions please discontinue use and contact your health care professional.

Indole-3-carbinol affects estrogen levels. Caution is advised, as estrogen has a significant impact on bodily functions. Hormone balance be tested (via simple blood test) before regular consumption.

Do not exceed recommended dose. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



vitamonk

INDOLEMAX™

PREMIUM INDOLE-3-CARBINOL

- Balances Estrogen Levels*

Dietary Supplement

60 Capsules

250 mg

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

	Amount Per Serving
Indole-3-Carbinol	250 mg*

*Daily Value not established.

Other Ingredients: Vegetable Cellulose (Capsule), White Rice Flour, Rice Extract

To get 15% off your next purchase, visit
www.vitamonk.com/Thanks

