

DIRECTIONS & RECOMMENDED USE:

As a dietary supplement, take 2 capsules 3 times daily or as directed by your healthcare practitioner.

WARNING:

Do not exceed recommended dose. Pregnant or nursing mothers, children under 18 and individuals with known medical conditions should consult a physician before using this dietary supplement. Discontinue use and consult your physician if any adverse reactions occur.

Keep out of reach from children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

www.vitam Monk.com

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vitamonk

ESTROTRAX™

- Helps Maintain Balanced Estrogen*

Dietary Supplement

180 Capsules

Supplement Facts

Servings Size 2 capsules
Servings Per Container 90

	Amount Per Serving	% Daily Value
Zinc (as Zinc citrate)	10 mg	67%
Calcium (as Calcium D-glucarate)	50 mg	5%
Grape Seed Extract (95% Proanthocyanidins)	400 mg	**
Stinging Nettle Root (containing 1% Silica)	75 mg	**
Didolymethane (DIM)	75 mg	**
Tongkat Ali Powder	50 mg	**
Trans-resveratrol (98% standardized)	100 mg	**
Black Pepper Extract	5 mg	**
Boron Glycinate	3 mg	**

** Daily Value not established.

Other Ingredients: Vegetable Cellulose, White Rice Flour, Magnesium Stearate, Silicone Dioxide

