



Women's Iron Restore

28 mg Iron + B Vitamins

DIETARY SUPPLEMENT

✓ Menstrual Support* ✓ Iron Absorption* ✓ Women's Health*

180 Capsules | 180 Servings

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 180

Amount Per Serving % DV		
Vitamin A (as retinyl palmitate)	1,500 mcgRAE	167%
Vitamin C (ascorbic acid)	120 mg	133%
Vitamin E (from d-alpha tocopheryl succinate)	20.1 mg	134%
Thiamin (Vitamin B-1)(from thiamin mononitrate)	10 mg	833%
Riboflavin (Vitamin B-2)	10 mg	769%
Niacin (as niacinamide)	20 mg	125%

Other Ingredients: Microcrystalline cellulose, magnesium stearate, beef gelatin capsule. Contains soy.

Directions: Adult women: take one capsule daily **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
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Amount Per Serving % DV		
Vitamin B-6 (from pyridoxine HCl)	10 mg	588%
Folate (400 mcg folic acid)	680 mcgDFE	170%
Vitamin B-12 (as cyanocobalamin)	300 mcg	12,500%
Pantothenic Acid (from d-calcium pantothenate)	10 mg	200%
Iron (from iron glycinate chelate)	28 mg	156%
Copper (from copper glycinate chelate and copper carbonate)	2 mg	222%
Molybdenum (from molybdenum glycinate chelate)	200 mcg	444%
Liver Concentrate	100 mg	†
Stomach Substance (porcine)	10 mg	†
† Daily Value (DV) not established.		

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



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