Blood Nutrients

28 mg Iron

DIETARY SUPPLEMENT

✓ Blood Development* ✓ Iron Absorption* ✓ Optimal Wellness*

90 Capsules | 90 Servings

Specially formulated to nourish our blood and support overall health.*

Supplement Facts

Serving Size 1 Capsule Servings Per Container 90

Amount	Per Serving	% DV
Vitamin A (as retinyl palmitate)	1,500 mcgRAE	167%
Vitamin C (ascorbic acid)	120 mg	133%
Vitamin E (from d-alpha tocopheryl succinate)	20.1 mg	134%
Thiamin (Vitamin B-1)(from thiamin mononitrate)	10 mg	833%
Riboflavin (Vitamin B-2)	10 mg	769%
Niacin (as niacinamide)	20 mg	125%

10 mg	588%
680 mcgDFE	170%
300 mcg	12,500%
10 mg	200%
28 mg	156%
2 mg	222%
200 mcg	444%
100 mg	t
10 mg	t
	10 mg 28 mg 2 mg 200 mcg 100 mg

Other Ingredients: Microcrystalline cellulose, magnesium stearate, beef gelatin capsule. Contains soy.

Directions: Adults: take one capsule daily **at mealtime.** Keep bottle tightly closed. Store away from heat and moisture.

✓ Gluten-free ✓ No Artificial Preservatives

POTENCY & QUALITY GUARANTEED

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WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



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