



VEGAN



NON GMO



GLUTEN FREE



SOY FREE

SLEEP AID

Did you know over 60 million Americans suffer from insomnia? Fresh Nutrition Sleep Aid is specifically formulated to address the underlying causes of restless nights. A matrix of ingredients that activates healthy levels of GABA and Serotonin, supports circadian rhythm, and lowers stress and anxiety. If you're struggling to sleep you need a natural solution, you need Fresh Nutrition Sleep Aid.*

FRESH NUTRITION

Our goal is to create high-quality natural products using both organic and responsibly sourced ingredients to optimize health and well-being.

RECOMMENDED DOSAGE

Take three (3) capsules before bed with sufficient water.

No Artificial Colors. *Made with Non-GMO,*
No Artificial Flavors. *All Natural Ingredients!*
No Preservatives.
Gluten-Free. Vegan.



To provide our consumers with complete confidence in our product quality, every batch is 3rd party tested for quality & purity.

fresh
nutrition



SLEEP
AID



FREE
RADICAL
SCAVENGER

- May Improve Sleep Quality*
- May Help Deep & Restful Sleep*
- May Help Insomnia*

90 Capsules | Dietary Supplement

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving

Glycine	1000mg*
L-Theanine 98%	102mg*
KSM-66 Ashwagandha	100mg*
Vitamin B8 (Inositol) (Crystalline Powder)	121mg*
Melatonin	5mg*
Vitamin C (Ascorbic Acid) (99%)	1.1mg*

*Daily value not established

Additional Ingredients: Vegetarian Capsules.

Fresh Nutrition produces the most potent and highest quality Sleep Aid. Our raw materials are carefully sourced and cultivated; contain no fillers, additives, and are manufactured domestically in a cGMP facility. Thank you for choosing *Fresh!*



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured For
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