



### MYO-INOSITOL

Myo-Inositol brings significant benefits to women with polycystic ovary syndrome (PCOS). Myo-Inositol helps to regulate insulin more effectively, and assists to maintain hormone balance & promote ovarian function.\*

### FRESH NUTRITION

Our goal is to create high-quality natural products using both organic and responsibly sourced ingredients to optimize health and well-being.

### RECOMMENDED DOSAGE

Take four (4) capsules daily with sufficient water

No Artificial Colors. *Made with Non-GMO,*  
No Artificial Flavors. *All Natural Ingredients!*  
No Preservatives.  
Gluten-Free. Vegan.



To provide our consumers with complete confidence in our product quality, every batch is 3<sup>rd</sup> party tested for quality & purity.

All Natural

# MYO-INOSITOL



DESIGNED FOR WOMEN WITH PCOS

2.2 GRAM  
DAILY DOSE  
MYO-INOSITOL

- May Balance Hormones\*
- May Lower Testosterone\*
- May Increase Progesterone & Globulin\*
- May Balance Luteinizing\*

120 Capsules | Dietary Supplement

## Supplement Facts

Serving Size 4 Capsules  
Servings Per Container 30

### Amount Per Serving

Myo-Inositol	2200mg*
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\*Daily value not established.

Additional Ingredients: Vegetarian Capsules.

Fresh Nutrition produces the most potent and highest quality Myo-Inositol. Our raw materials are carefully sourced and cultivated; contain no fillers, additives, and are manufactured domestically in a cGMP facility. Thank you for choosing Fresh!

CAUTION: If you have a pre-existing medical condition, or are taking an antidepressant medication, please consult a doctor before use.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured For  
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