



VEGAN



NON-GMO



GLUTEN-FREE



SOY-FREE

MILK THISTLE

Milk Thistle contains Silymarin, a group of naturally occurring full spectrum flavonolignans, which is well known for its liver support. We combat numerous free radicals on a daily basis that by supplementing with organic milk thistle, promotes the liver's natural detoxification process.*

FRESH NUTRITION

Our goal is to create high-quality natural products using both organic and responsibly sourced ingredients to optimize health and well-being.

RECOMMENDED DOSAGE

Take two (2) capsules daily with sufficient water before a meal.

No Artificial Colors. No Artificial Flavors. No Preservatives. Gluten-Free, Vegan. Made with Non-GMO, All Natural Ingredients!

QUALITY
VERIFIED

To provide our consumers with complete confidence in our product quality, every batch is 3rd party tested for quality & purity.

fresh
nutrition

All Natural

MILK
THISTLE

MADE WITH 80% SILYMARIN BY UV

10,000 MG
MILK
THISTLE

- NATURAL DETOX*
- 500MG OF MILK THISTLE EXTRACT 80%*
- SUPPORTS HEALTHY LIVER FUNCTION*

60 Capsules | Dietary Supplement



www.fresh-nutrition.com



Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

Amount Per Serving

Organic Milk Thistle Extract 80% (Silybum marianum), equivalent to 10,000mg Milk Thistle Seed	500mg*
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*Daily value not established

Additional Ingredients: Vegetarian Capsules.

Fresh Nutrition produces the most potent and highest quality Milk Thistle. Our raw materials are carefully sourced and cultivated; contain no fillers, additives, and manufactured domestically in a cGMP facility. Thanks for choosing Fresh!

Do not use if seal under cap has been broken.

Do not use if you are pregnant or nursing, or if you have a history of gallstones or bile duct obstructions. Consult your physician prior to taking this product if you are taking medication with may affect the ability of blood clotting, or if you plan to have surgery.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured For
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