

## MILK THISTLE

Milk Thistle contains Silvmarin, a group of naturally occurring full spectrum flavon lignan, which is well known for its liver support. We combat numerous free radicals on a daily basis that by supplementing with organic milk thistle, promotes the liver's natural detoxification process."

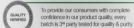
## **FRESH NUTRITION**

Our goal is to create high-quality natural products using both organic and responsibly sourced ingredients to optimize health and well-being.

## RECOMMENDED DOSAGE

Take one (1) capsule daily with sufficient water before a meal.

No Artificial Colors. Made with Non-GMO. No Artificial Flavors. All Natural Ingredients! No Preservatives. Gluten-Free, Vegan.









NATURAL **DETOX** 

- 500MG OF ORGANIC MILK THISTLE
- SUPPORTS HEALTHY LIVER FUNCTION

120 Capsules | Dietary Supplement



## Supplement Facts

Serving Size 1 Capsule Servings Per Container 120

Amount Per Serving

Organic Milk Thistle Extract 4:1

(Silvburn marianum), equivalent to 2,000mg Milk Thistle Seed

\*Daily value not established Additional Ingredients: Vegetarian Capsules, Organic Rice Extract.

Fresh Nutrition produces the most potent and highest quality Milk Thistle. Our raw materials are carefully sourced and cultivated: contain no fillers, additives, and manufactured domestically in a

cGMP facility. Thanks for choosing Fresh! Do not use if seal under cap has been broken. Do not use if you are pregnant or nursing, or if you have a history of gallstones or bile duct obstructions. Consult your physician prior to taking this product if you are taking medication with may affect the ability of blood clotting, or if you plan to have surgery.



Manufactured For Fresh Nutrition 1601 Dove St. Newport Beach. California 92660 Certified Organic

By CCOF

"These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat. cure or prevent any disease.

500ma\*

