



VEGAN



NON GMO



GLUTEN FREE



SOY FREE

MILK THISTLE

Milk Thistle contains Silymarin, a group of naturally occurring full spectrum flavon lignan, which is well known for its liver support. We combat numerous free radicals on a daily basis that by supplementing with organic milk thistle, promotes the liver's natural detoxification process.*

FRESH NUTRITION

Our goal is to create high-quality natural products using both organic and responsibly sourced ingredients to optimize health and well-being.

RECOMMENDED DOSAGE

Take one (1) capsule daily with sufficient water before a meal.

No Artificial Colors. *Made with Non-GMO,*
No Artificial Flavors. *All Natural Ingredients!*
No Preservatives.
Gluten-Free. Vegan.

QUALITY
VERIFIED

To provide our consumers with complete confidence in our product quality, every batch is 3rd party tested for quality & purity.



fresh
nutrition

All Natural

**MILK
THISTLE**

MADE WITH ORGANIC MILK THISTLE

**NATURAL
DETOX**

- 500MG OF ORGANIC MILK THISTLE
- SUPPORTS HEALTHY LIVER FUNCTION

120 Capsules | Dietary Supplement

www.fresh-nutrition.com

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 120

Amount Per Serving

Organic Milk Thistle Extract 4:1 (Silybum marianum), equivalent to 2,000mg Milk Thistle Seed	500mg*
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*Daily value not established

Additional Ingredients: Vegetarian Capsules, Organic Rice Extract.

Fresh Nutrition produces the most potent and highest quality Milk Thistle. Our raw materials are carefully sourced and cultivated; contain no fillers, additives, and manufactured domestically in a cGMP facility. Thanks for choosing Fresh!

Do not use if seal under cap has been broken.
Do not use if you are pregnant or nursing, or if you have a history of gallstones or bile duct obstructions. Consult your physician prior to taking this product if you are taking medication with may affect the ability of blood clotting, or if you plan to have surgery.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured For
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Certified Organic
By CCOF



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