



VEGAN



NON-GMO



GLUTEN FREE



SOY FREE

MILK THISTLE

Milk Thistle contains Silymarin, a group of naturally occurring full spectrum flavon lignan, which is well known for its liver support. We combat numerous free radicals on a daily basis that by supplementing with organic milk thistle, promotes the liver's natural detoxification process.*

FRESH NUTRITION

Our goal is to create high-quality natural products using both organic and responsibly sourced ingredients to optimize health and well-being.

RECOMMENDED DOSAGE

Take two (2) softgel capsules daily with sufficient water before a meal.

No Artificial Colors.
No Artificial Flavors.
No Preservatives.

Gluten-Free. Vegan.
Made with Non-GMO,
All Natural Ingredients!



To provide our consumers with complete confidence in our product quality, every batch is 3rd party tested for quality & purity.

fresh
nutrition

MILK THISTLE



MADE WITH ORGANIC MILK THISTLE

NATURAL
DETOX

- 500mg Of Organic Milk Thistle*
- May Assist Healthy Liver Function*

60 Softgel Capsules | Dietary Supplement

Supplement Facts

Serving Size 2 Softgel Capsules
Servings Per Container 30

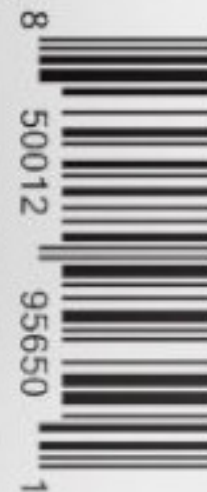
Amount Per Serving	%DV
Milk Thistle (50%HPLC)	95mg*
Vitamin A Palmitate	1mg*
Natural Vitamin E (1000IU/g)	11mg*
Nicotinamide	10mg*
Vitamin B2	1000ug*
Vitamin B6	500ug*
Folic Acid	60ug*
Vitamin B12	1ug*
Vitamin B1	1000ug*
Pantothenic Acid	2170ug*
Biotin	3ug*
Vitamin C	10mg*
Inositol	10mg*
Choline Bitartrate	10mg*
Zinc	9mg*

*Daily value not established

Additional Ingredients: Vegetarian Capsules, Organic Rice Extract.

Fresh Nutrition produces the most potent and highest quality Milk Thistle. Our raw materials are carefully sourced and cultivated; contain no fillers, additives, and are manufactured domestically in a cGMP facility. Thank you for choosing Fresh!

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Manufactured & Packed for Fresh
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www.fresh-nutrition.com



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