



VEGAN



NON-GMO



GLUTEN FREE



SOY FREE

LEMON BALM

Lemon Balm is a perennial herb from the mint family with a gentle lemony fragrance. Native to Southern Europe and the Mediterranean, Lemon Balm has been used as far back as the Middle Ages to reduce stress and anxiety, promote sleep, improve appetite, and to ease pain and discomfort from indigestion.*

FRESH NUTRITION

Our goal is to create high-quality natural products using both organic and responsibly sourced ingredients to optimize health and well-being.

RECOMMENDED DOSAGE

Take three (3) capsules daily with sufficient water before a meal.

No Artificial Colors. *Made with Non-GMO,*
No Artificial Flavors. *All Natural Ingredients!*
No Preservatives.
Gluten-Free. Vegan.



To provide our consumers with complete confidence in our product quality, every batch is 3rd party tested for quality & purity.

fresh
nutrition



All Natural LEMON BALM EXTRACT



SOURCED FROM MEDITERRANEAN REGION

ASSIST
WITH
STRESS &
ANXIETY

- May Calm The Mind And Help Sleep*
- May Improve Skin Appearance*
- May Sharpen Memory*
- May Support Liver And Blood Sugar*

90 Capsules | Dietary Supplement



www.fresh-nutrition.com



Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving

Lemon Balm Extract 20:1 600mg*
Contains 5% Rosmarinic Acid

*Daily value not established

Additional Ingredients: Vegetarian Capsules.

Fresh Nutrition produces the most potent and highest quality Lemon Balm Extract. Our raw materials are carefully sourced and cultivated; contain no fillers, additives, and are manufactured domestically in a cGMP facility. Thank you for choosing Fresh!



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured For
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For More Info Visit www.fresh-nutrition.com