



VEGAN



NON-GMO



GLUTEN FREE



SOY FREE

**KSM-66 ASHWAGANDHA**

Used for 3,000 years in India to achieve inner balance of mind, body and spirit. This high-quality extract promotes cardiovascular, reproductive, and brain function. It's clinically proven to reduce stress and anxiety, combats stress eating, and supports immune function.\*

**FRESH NUTRITION**

Our goal is to create high-quality natural products using both organic and responsibly sourced ingredients to optimize health and well-being.

**RECOMMENDED DOSAGE**

Take three (3) capsules daily with sufficient water before a meal.

No Artificial Colors.    Made with Non-GMO,  
No Artificial Flavors.    All Natural Ingredients!  
No Preservatives.  
Gluten-Free, Vegan.

QUALITY  
VERIFIED

To provide our consumers with complete confidence in our product quality, every batch is 3<sup>rd</sup> party tested for quality & purity.

fresh  
nutrition*All Natural***KSM-66  
ASHWAGANDHA**

MADE WITH ORGANIC ASHWAGANDHA

**ALL NATURAL VITALITY SUPPLEMENT FOR STRESS AND ANXIETY**

- Supports Reducing Stress and Anxiety\*
- Reduces Stress Related Food Cravings\*
- Promotes Immune Support\*

90 capsules | Dietary Supplement

www.fresh-nutrition.com

**Supplement Facts**

Serving Size 3 Capsules  
Servings Per Container 30

**Amount Per Serving**

KSM-66 Organic Ashwagandha Root      700mg\*  
Extract Standardized to 6% Withanolides  
and less than 0.1% Withaferin A

Black Pepper Extract 98%      20mg\*

\*Daily value not established

Additional Ingredients: Vegetarian Capsules.

**Fresh Nutrition** produces the most potent and highest quality KSM-66 Ashwagandha. Our raw materials are carefully sourced and cultivated; contain no fillers, additives, and are manufactured domestically in a cGMP facility. Thank you for choosing Fresh!



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured For  
Fresh Nutrition  
1601 Dove St.  
Newport Beach,  
California 92660

For More Info Visit [www.fresh-nutrition.com](http://www.fresh-nutrition.com)