

Suggested Use: Take 1-2 capsules per day to support cholinergic brain function and formation of synaptic connections.*
Product Information: Uridine is an important building block used to create RNA. Uridine increases synthesis of brain phosphatidylcholine (PC). Studies have shown it may enhance the formation of synaptic connections and increase cholinergic brain function. This may increase working memory and slow the process of aging in the brain.*

Storage: Store in a cool, dark place. Do not freeze or expose to moisture or heat above room temperature.



URIDINE

300 mg

- * Supports Synapse Connectivity
- * Supports Cholinergic Brain Function
- * Building Block for RNA

60 Capsules
Dietary Supplement

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

Amount per Serving	Daily Value
Uridine 5'-monophosphate disodium salt	300mg †

† Daily Value not established

Other Ingredients: Bovine gelatin (capsule), Cellulose, Silicon Dioxide

WARNING: Consult your physician before using this product. Do not consume more than 4 capsules per day. Do not take this product if you are pregnant, nursing, or taking any other medications. Discontinue use and consult your doctor immediately if any adverse reactions occur. Do not take Uridine and operate any heavy machinery until you know how it affects you. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for:
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