

Tauroursodeoxycholic acid, more commonly referred to as TUDCA, is a bile salt that is found naturally occurring in the body. TUDCA is used primarily as a liver health support supplement but also may support many other areas of health including cognitive function.\*

**Suggested Use:** As a supplement, take 2 capsules per day on an empty stomach. Do not exceed 4 capsules in one day. Side effects are more likely at doses exceeding 1,000mg.

**Storage:** Store in a cool, dark place. Do not freeze or expose to moisture or heat above room temperature.

**WARNING:** Consult your physician before use. Do not use TUDCA if you are pregnant, nursing, or are under 18 years of age. Discontinue use and consult your doctor immediately if any adverse reactions occur. Do not use TUDCA and operate heavy machinery until you know how it affects you. Keep out of reach of children. Do not exceed 6 capsules per day.



# TUDCA

TAUROURSODEOXYCHOLIC ACID

**500 mg**  
per serving

\* Liver Health and Support Supplement

**60 Capsules**

**Dietary Supplement**

## Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

| Amount per Serving        | % Daily Value |
|---------------------------|---------------|
| Tauroursodeoxycholic Acid | 500mg †       |

† Daily Value not established

Other Ingredients: Gelatin (capsule), rice flour

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for:  
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