

**Directions:** Quercetin is a bioflavonoid commonly found in many fruits and vegetables, with the highest levels found in apples and onions. Like most other bioflavonoids Quercetin is a potent antioxidant. It is commonly used as a supplement for a variety of health benefits including immune system and blood glucose management support as well as reducing the stress response to exercise. Bromelain has been included with this Quercetin supplement for enhanced immune system support.\*

**Suggested Use:** As a dietary supplement take 2 capsules per day on an empty stomach, this dose can be repeated again in the afternoon if desired. It's not recommended to exceed 6 capsules per day.

**Storage:** Store in a cool, dark place. Do not freeze or expose to moisture or heat above room temperature.



Manufactured for:  
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# QUERCETIN WITH BROMELAIN

**1200 mg  
per serving**

- \* Supports Immune System Health
- \* Supports Blood Glucose Management
- \* Potent Antioxidant

**120 Capsules**  
**Dietary Supplement**

## Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 60

Amount per Serving	% Daily Value
Quercetin	1000 mg †
Bromelain	200 mg †

† Daily Value not established

Other Ingredients: Hypromellose (capsule) and rice flour

**WARNING:** Consult your physician before use. Do not use Quercetin if you are pregnant, nursing, or are under 18 years of age.

Discontinue use and consult your doctor immediately if any adverse reactions occur. Do not use Quercetin and operate heavy machinery until you know how it affects you. Keep out of reach of children. Do not exceed 6 capsules per day.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.