



# Melatonin Gummies

2.5 mg

DIETARY SUPPLEMENT

✓ Promotes Relaxation\* ✓ Healthy Sleep\* ✓ Optimal Wellness\*

60 Vegetarian Gummies | 60 Servings



## Supplement Facts

Serving Size: 1 Gummy  
Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2 g	1%**
Total Sugars	1 g	†
Includes 1 g Added Sugars		2%**
Melatonin	2.5 mg	†

\*\* Percent Daily Value based on a 2,000 calorie diet. † Daily Value not established.

Other Ingredients: Glucose syrup, sugar, water, pectin, natural flavors, elderberry concentrate (for color), citric acid, sodium citrate, coconut oil, carnauba wax.

**Directions:** Adults: take one gummy one to two hours before bedtime. Store in a cool, dry place. Keep out of the reach of children.

**Melatonin** is a hormone produced by the pineal gland in the brain that helps regulate the body's circadian rhythm, the internal clock that controls when we fall asleep and wake up.\*

✓ Vegetarian ✓ Gluten-free ✓ Soy-free  
✓ No Artificial Preservatives

**WARNING:** For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

### POTENCY & QUALITY GUARANTEED

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