



VEGAN



NON-GMO



GLUTEN FREE



SOY FREE

**DIM (3,3'-DIINDOLYLMETHANE)**

DIM (3,3'-Diindolylmethane) is produced in the body through the consumption of cruciferous vegetables such as cabbage, brussel sprouts, cauliflower, abd broccoli. Studies have linked DIM to the balance hormones and metabolize estrogen.\*

**FRESH NUTRITION**

Our goal is to create high-quality natural products using both organic and responsibly sourced ingredients to optimize health and well-being.

**RECOMMENDED DOSAGE**

Take three (3) capsules daily with sufficient water before a meal.

**No Artificial Colors.** **Made with Non-GMO,**  
**No Artificial Flavors.** **All Natural Ingredients!**  
**No Preservatives.**  
**Gluten-Free. Vegan.**



To provide our consumers with complete confidence in our product quality, every batch is 3<sup>rd</sup> party tested for quality & purity.

**fresh**  
 nutrition

All Natural

**DIM** (3,3'-DIINDOLYLMETHANE)

**CONCENTRATED  
 CRUCIFEROUS  
 VEGETABLES**

- May Assist Estrogen Metabolism\*
- Detoxification Support\*
- May Balance Hormones\*

90 Capsules | Dietary Supplement

[www.fresh-nutrition.com](http://www.fresh-nutrition.com)
**Supplement Facts**
 Serving Size 3 Capsules  
 Servings Per Container 30

| Amount Per Serving    | %DV     |
|-----------------------|---------|
| 3,3'-Diindolylmethane | 500mg * |

\*Daily value not established

Additional Ingredients: Vegetarian Capsules.

**Fresh Nutrition** produces the most potent and highest quality DIM. Our raw materials are carefully sourced and cultivated; contain no fillers, additives, and are manufactured domestically in a cGMP facility. Thank you for choosing *Fresh!*


 Manufactured  
 & Packed For  
 Fresh Nutrition  
 by Excelsior  
 Nutrition Inc  
 Fresh Nutrition  
 1601 Dove St,  
 Newport Beach,  
 California 92660

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For More Info Visit [www.fresh-nutrition.com](http://www.fresh-nutrition.com)