

To provide our consumers with complete confidence in our product quality, every batch is 3rd party tested for quality & purity.

















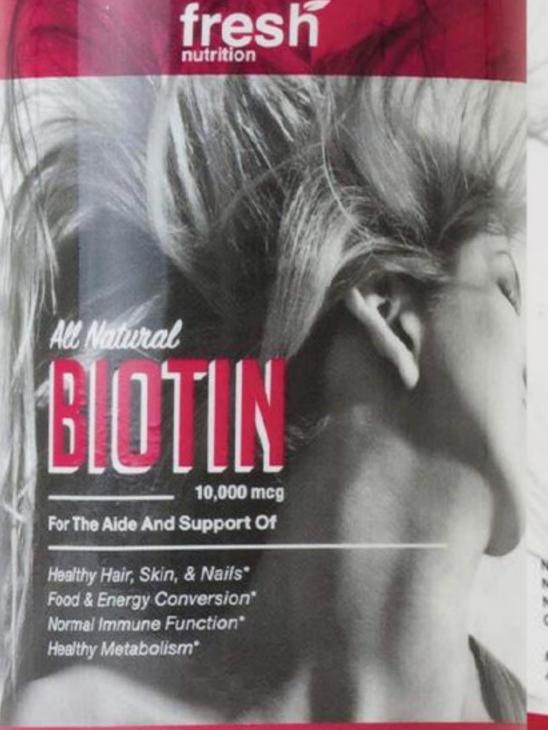


Although Biotin is best known as the beauty vitamin, this versatile B-vitamin also plays a pivotal role in supporting metabolic function and converting food into energy. Studies have shown women given Biotin experienced faster hair growth and decreased shedding. It may also improve the health of your skin and nails.

## FRESH NUTRITION

Our goal is to create high-quality natural products using both organic and responsibly sourced ingredients to optimize your health & well-being.

These statements have not been evaluated by the Food! and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Distributed by: Fresh Nutrition Inc. 5305 River Rd North. Keizer, OR 97303



## Supplement Facts

Serving Size 3 Capsules

**Amount Per Serving** 

Biotin

10,000 mcg\*

\*Daily value not established

Additional ingredients: Vegetarian Capsules (Pullulan)

Recommended Dosage: Three (3) capsules daily with sufficient water before a meal.

Carefully sourced from the world's largest biotin producers. Fresh Nutrition ensures potency and safety both by 3rd party testing and verifying each lot in house against an NMR profile.

No Artificial Colors. No Artificial Flavors. No Preservatives. Guten-Free, Vegan

Made with Non-GMO, All Natural Ingredients!



