EVIDENCE-BASED

Multi-B Complex is a high-potency Vitamin B-Complex. It is a hypoallergenic, yeast-free formula with activated coenzymes to facilitate metabolism in the body.*

Recommendations: Take 1 or 2 capsules daily with meals, or as recommended by your healthcare practitioner.

If pregnant, nursing, or taking prescription drugs, consult your healthcare practitioner prior to use.

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, dairy products, artificial coloring, artificial flavoring, preservatives, or ingredients of animal origin. This product contains natural ingredients; color variations are normal.

Nacinol™ is our preparation of "flush-free" inositol hexaniacinate.

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integrative THERAPEUTICS, INC.

TYLER* MULTI-B COMPLEX

High-potency Vitamin B complex

60 VEG CAPSULES Dietary Supplement

Supplement Facts

| erving Size 2 capsules Servings per container | | ntainer 30 |
|---|-----------|------------|
| Amount per 2 capsules | | %DV** |
| Thiamin (as thiamin HCI) | 100 mg | 6,667% |
| Riboflavin (as riboflavin, riboflavin-5'-phosphat | e) 120 mg | 7,059% |
| Nacin (as niacinamide, Niacinol™) | 150 mg | 750% |
| Vitamin B6 (as pyridoxine HCI, pyridoxal-5'-phosphate) | 110 mg | 5,500% |
| Folic Acid | 800 mcg | 200% |
| Vitamin B12 (as methylcobalamin) | 400 mcg | 6,666% |
| Biotin | 400 mcg | 133% |
| Pantothenic Acid (as calcium pantothenate) | 100 mg | 1,000% |
| Choline (as choline bitartrate) | 100 mg | " |
| Inositol | 100 mg | |
| PABA (para-aminobenzoic acid) | 50 mg | " |
| "Daily Value (DV) not established. | | |

Other ingredients: vegetable polysaccharide capsule, cellulose, silicon dioxide, and ascorbyl palmitate.