



Vitamin D₃

10,000 IU (250 mcg)

DIETARY SUPPLEMENT

✓ Bone Support* ✓ Immune Function* ✓ Heart Health*

360 Soft Gels | 360 Servings

Carlson

Providing the highest quality nutritional supplements since 1965

Supplement Facts

Serving Size 1 Soft Gel

Servings Per Container 360

	Amount Per Serving	% Daily Value
Vitamin D3 (as cholecalciferol)	250 mcg (10,000 IU)	1,250%

Other Ingredients: Sunflower oil, soft gel shell (beef gelatin, glycerin, water).

Directions: Adults: take one soft gel every other day **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

✓ **Gluten-free** ✓ **Milk/Casein-free**
✓ **No Artificial Preservatives**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Scientific research indicates **Vitamin D3** plays an important role in promoting teeth, bone, and muscle health; immune and cardiovascular system function; and calcium absorption.*

If you are pregnant, lactating, have a medical condition, or are taking any medication, consult a health care practitioner before use.

POTENCY & QUALITY GUARANTEED

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