



Chewable Iron

30 mg • Superior Absorption

DIETARY SUPPLEMENT

✓ Blood Health* ✓ Energy Production* ✓ Optimal Wellness*

120 Tablets



Carlson Providing the highest quality nutritional supplements since 1965

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 60

	Amount Per Serving	% DV
Calories	5	
Total Carbohydrate	1 g	<1%**
Total Sugars	1 g	†
Includes 1g Added Sugars		2%**
Iron (from iron glycinate chelate)	30 mg	167%

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Sugar, fructose, xylitol, microcrystalline cellulose, silicon dioxide, citric acid, stearic acid (veg.), natural flavors.

Directions: Adults: chew two tablets daily **at mealtime**.

Tablet color may vary and change over time.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Iron is an essential mineral found within red blood cells that is necessary for the delivery of oxygen to every cell of our body.* **Chewable Iron** comes in delicious strawberry flavor and contains iron chelated to the amino acid glycine for superior absorption.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

✓ **Gluten-free** ✓ **No Artificial Preservatives**

POTENCY & QUALITY GUARANTEED

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