SUGGESTED DOSAGE

2-3 capsules 2-4 times daily between meals. For early onset of normal aches and pains, use the higher dosage and frequency within the first 24-48 hours. Reduce the dosage and frequency as the condition improves.

CAUTION:

If taken during menstruation, may increase blood flow.* Do not take during pregnancy or nursing. At higher doses, do not take this formula longer than 2 weeks at a time. Stop for 1 week before resuming another 2 week course.

Willow bark contains chemicals similar to aspirin. Taking willow bark along with aspirin might increase the effects and side effects of aspirin

> Lower Relief is a proprietary formula of Pacific BioLogic Co. manufactured in an FDA compliant facility in the United States of America from imported and domestic ingredients

> > Store in a cool. dry place,

do not refrigerate.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



POWERFUL TOOLS FOR GENTLE HEALING

Lower Relief

Herbal Supplement

525 mg / 90 Vegetarian Capsules

Supplement Facts

Serving size: 3 capsules Servings per container: 30

Amount per capsule 525 m	g % DV
Proprietary Blend	
White willow bark	
Corydalis yanhusuo root	Yan Hu Suo*
Sweet gum fruit	Lu Lu Tong*
Tianchi ginseng root	San Qi
Drynaria root	
Sichuan teasel root	.Xu Duan*
Frankincense (Boswellia).	Ru Xiang*
Safflower	Hong Hua*
Sappanwood	.Su Mu
Achyranthes root	Niu Xi
Licorice root	
Persica seed	Tao Ren*

Daily value not established

Other ingredients: capsules of plant origin

Lot: 203777 Mfg. Date: 9/20



Manufactured for: Pacific BioLogic Co. Concord, CA. 94521 www.PacificBioLogic.com To report a serious adverse event or obtain product information, contact (800) 869-8783