Suggested Use: As a dietary supplement take one (1) veggie capsule twice a day. For best results take 20-30 min before a meal with an 80z. glass of water or as directed by your healthcare professional.

CAUTION: Do not exceed recommended dose Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

OF REACH OF CHILDREN. NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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## WITH CALCIUM

SUPPORTS BONE AND HEART HEALTH\*



Veggie Capsules



Dairy Free

**60 VEGGIE CAPSULES** 

DIETARY SUPPLEMENT

## **Supplement Facts**

Serving Size: 1 Vegetable Capsule Servings Per Container: 60

Amount Pe	er Serving	%DV†
Vitamin D (as cholecalciferol)	125 mcg	625%
Vitamin K2 (as menaquione MK-7)	100 mcg	83%
Calcium (as calcium carbonate)	210 mg	16%
Bioperine® Black Pepper (fruit) Extract	5mg	**
tPercent Daily Value(DV) based on a 2,0	000 calorie diet	

Other Ingredients: Hypromellose (Capsule)



BioPerine® is a registered trademark of Sabinsa Corporation

ZERO Hormones, Antibiotics, Preservatives, Soy, Yeast, Sugar, Artificial Ingredients/Flavors

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