



MAGNESIUM MALATE

1500 mg
per serving

- * Supports Nerve, Joint and Muscle Health
- * Supports Energy Production

420 Capsules
Dietary Supplement

Directions: Magnesium Malate is a type of magnesium supplement made by combining elemental magnesium with malic acid and contains 15% elemental magnesium by weight. It is commonly used as a supplement to support healthy magnesium levels and works to support nerve, joint, and muscle health as well as supporting energy production.*

Suggested Use: As a supplement, take 3-6 capsules per day. It can be taken in the morning or night, with or without food. Do not exceed 9 capsules in one day.

Storage: Store in a cool, dark place. Do not freeze or expose to moisture or heat above room temperature.



Manufactured for:
Double Wood LLC

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Supplement Facts

Serving Size: 3 capsules
Servings Per Container: 140

Amount per Serving		% Daily Value
Magnesium Malate	1500mg	†
Providing 225mg Elemental Magnesium		54%

† Daily Value not established

Other Ingredients: Hypromellose (capsule) and microcrystalline cellulose

WARNING: Consult your physician before use. Do not use Magnesium Malate if you are pregnant, nursing, or are under 18 years of age.

Discontinue use and consult your doctor immediately if any adverse reactions occur. Do not use Magnesium Malate and operate heavy machinery until you know how it affects you. Keep out of reach of children. Do not exceed 9 capsules per day.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease