



Carlson

Wild Norwegian

Cod Liver Oil



1,100 mg Omega-3s
+ Vitamins A & D3



Natural
Lemon
Flavor



DIETARY SUPPLEMENT

- ✓ Cardiovascular Function*
- ✓ Cognitive Health* ✓ Joint Support*

0.17 fl oz (5 mL)

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



Supplement Facts

Serving Size 1 Packet (5 mL)
Servings Per Container 1

	Amount Per Serving	% DV
Calories	40	
Total Fat	4.5 g	6%**
Saturated Fat	0.5 g	3%**
Cholesterol	15 mg	5%
Vitamin A (from cod liver oil and retinyl palmitate)	255 mcgRAE*	28%
Vitamin D (from cod liver oil and cholecalciferol)	10 mcg (400 IU)	50%
Vitamin E (as d-alpha tocopherol)	6.7 mg	45%
Norwegian Cod Liver Oil	4.6 g	†
Total Omega-3 Fatty Acids*	1,100 mg	†
DHA (Docosahexaenoic Acid)**	500 mg	†
EPA (Eicosapentaenoic Acid)**	400 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established. *Reported as triglycerides.

Other Ingredients: Natural lemon flavor, natural mixed tocopherols.
Contains fish (cod). *Vitamin A: 255 mcgRAE = 850 IU

Directions: Adults: take one packet daily at mealtime.

PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per ADCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

Manufactured & packaged in Norway for J. R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004 USA • 888-234-5656 • www.carlsonlabs.com