

During times of extreme stress, such as intense exercise, our body depletes glutamine levels quicker than it can replenish them. This can limit protein production, resulting in muscle breakdown. **L-Glutamine** promotes muscle tissue production and aids in repairing and rebuilding muscle.*

Warning: Do not take if you are pregnant or lactating.

POTENCY & QUALITY GUARANTEED

Distributed by Carlson Division of
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An FDA Regulated Facility



L-Glutamine Powder

Free-Form Amino Acid

DIETARY SUPPLEMENT

✓ Muscle Tissue Production* ✓ Muscle Function* ✓ Immune Support*

Net Wt. 35 oz (2.2 lb) (1,000 g)

Carlson Providing the highest quality
nutritional supplements since 1965

Supplement Facts

Serving Size 1 Teaspoon (enclosed 1 level scoop - 3 g)
Servings Per Container About 333

	Amount Per Serving	% DV
L-Glutamine	3 g (3,000 mg)	†

† Daily Value (DV) not established.

Directions: Adults: take one teaspoonful (one level scoopful) daily mixed into food or liquid. Keep bottle tightly closed. Store away from heat and moisture.

✓ **Gluten-free**
✓ **No Artificial Preservatives**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

This product is sold by weight not volume.