

CitraNatal[®] DHA

Rx Prenatal Supplement Tablet
and 250 mg DHA Soft Gel

CitraNatal[®] DHA

Rx Prenatal Supplement Tablet
and 250 mg DHA Soft Gel

TRUSTED FORMULATION

Quality ingredients, true comfort:

27 mg Ferri-Ease[®] dual-iron
250 mg life'sDHA[®]
124 mg Calcium (Calcium Citrate)
Stool softener

Please see side of carton for other important ingredients.

SEE 5-DAY BUSTER PACKS
in Child-Resistant Packaging

NDC 0178-0894-30
Rx Only

CitraNatal[®] DHA

Rx Prenatal Supplement Tablet
and 250 mg DHA Soft Gel

DESCRIPTION: CitraNatal[®] DHA is a prescription prenatal/postnatal multi-vitamin/mineral tablet with Ferri-Ease[®], a patented dual-iron delivery comprising both a quick release and slow release iron, and a soft gel of DHA, an essential fatty acid. The prenatal vitamin is a white, scored, oval multi-vitamin/mineral tablet. The tablet is debossed "CN 1" on one side and is blank on the other. The essential fatty acid DHA soft gel is orange colored and contains a light yellow to orange semi-solid interior.

Each prenatal tablet contains:

Vitamin C (Ascorbic acid).....	120 mg
Calcium (Calcium citrate).....	124 mg
Iron (Carbonyl iron, ferrous gluconate).....	27 mg
Vitamin D ₃ (Cholecalciferol).....	400 IU
Vitamin E (dl-alpha tocopheryl acetate).....	30 IU
Thiamin (Vitamin B ₁).....	3 mg
Riboflavin (Vitamin B ₂).....	3.4 mg
Niacinamide (Vitamin B ₃).....	20 mg
Vitamin B ₆ (Pyridoxine HCl).....	25 mg
Folic Acid.....	1 mg
Iodine (Potassium iodide).....	150 mcg
Zinc (Zinc oxide).....	25 mg
Copper (Cupric oxide).....	2 mg
Decanoate Sodium.....	50 mg

Each DHA gelatin soft gel contains:

Docosahexaenoic Acid (DHA, 42% from 625 mg Algal Oil).....	250 mg
Eicosapentaenoic Acid (EPA).....	Not more than 1,625 mg
Other ingredients in DHA soft gel: High-oleic sunflower oil, sunflower lecithin, rosemary extract, tocopherols, ascorbyl palmitate.	

INDICATIONS: CitraNatal[®] DHA is a multi-vitamin/mineral prescription drug indicated for use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and nonlactating mothers.

CONTRAINDICATIONS: This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

WARNINGS: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: Ingestion of more than 3 grams of omega-3 fatty acids per day has been shown to have potential antithrombotic effects, including an increased bleeding time and INR. Administration of omega-3 fatty acids should be avoided in patients on anticoagulants and in those

CitraNatal[®] DHA

Rx Prenatal Supplement Tablet
and 250 mg DHA Soft Gel

known to have an inherited or acquired bleeding diathesis.

WARNING: Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B₁₂ is deficient.

PRECAUTIONS: Folic acid in doses above 5 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

CAUTION: Exercise caution to ensure that the prescribed dosage of DHA does not exceed 1 gram (1000 mg) per day.

DOSEAGE AND ADMINISTRATION: One tablet and one soft gel daily or as directed by a physician.

STORAGE: Store at 20°C to 25°C (68°F to 77°F), excursions permitted between 15°C and 30°C (between 59°F and 86°F). Brief exposure to temperatures up to 40°C (104°F) may be tolerated provided the mean kinetic temperature does not exceed 25°C (77°F); however, such exposure should be minimized.

NOTICE: Contact with moisture can dissolve or erode the tablet.

HOW SUPPLIED: Six child-resistant blister packs of 5 tablets and 5 soft gels each - NDC 0178-0894-30.

To report a serious adverse event or obtain product information, call (800) 621-3333.

Please consult your health care provider with any dietary concerns.



Trademark of Mission Pharmaceutical Company
© 2009 Mission Pharmaceutical Company



Trademark of Mission Pharmaceutical Company
© 2009 Mission Pharmaceutical Company

*Based on clinical data on prenatal and postnatal use of DHA.
Mission Pharmaceutical Company is a registered trademark of the March of Dimes Foundation.

citr natal.com

DHA soft gel manufactured for
Mission Pharmaceutical Company
San Antonio, TX 78228-1599
Please call 1-800-621-3333 for
Mission Pharmaceutical Company
San Antonio, TX 78228-1599



Copyright © 2009 Mission Pharmaceutical Company
All rights reserved.

*Mission Pharmaceutical
is a proud supporter
of the March of Dimes.

**march
of dimes**
A FIGHTING CHANCE FOR EVERY BABY™

MP0321



3 01780 89430 9