

GABA is a naturally produced neurotransmitter which is the main inhibitory neurotransmitter used by the brain to decrease energy levels and promote relaxation. Many supplements work by stimulating GABA receptors, causing the brain to act as if there are higher levels of GABA present. When taken as a supplement, GABA supports GABA levels in the brain promoting relaxation and supporting healthy stress management.*

Suggested Use: As a dietary supplement, take 2 capsules per day on an empty stomach. Do not exceed 3 capsules in one day.

Storage: Store in a cool, dark place. Do not freeze or expose to moisture or heat above room temperature.



Manufactured for:
Double Wood LLC
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United States
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GABA

Gamma-aminobutyric acid

1000 mg
per serving

- * Promotes Relaxation
- * Supports Healthy Stress Management

300 Capsules
Dietary Supplement

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 150

Amount per Serving	% Daily Value	
GABA (Gamma-aminobutyric acid)	1,000mg	†
† Daily Value not established		

Other Ingredients: Hypromellose (capsule), microcrystalline cellulose

WARNING: Consult your physician before use. Do not use GABA if you are pregnant, nursing, or are under 18 years of age. Discontinue use and consult your doctor immediately if any adverse reactions occur. Do not use GABA and operate heavy machinery until you know how it affects you. Keep out of reach of children. Do not exceed 3 capsules per day.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.