



Glycine Powder

Free-Form Amino Acid

DIETARY SUPPLEMENT

✓ Energy Production* ✓ Muscle Development* ✓ Tissue Health*

Net Wt. 3.53 oz (100 g)

Supplement Facts

Serving Size 1/2 Teaspoon (enclosed 1 level scoop - 2 g)
Servings Per Container about 50

	Amount Per Serving	% DV
Glycine	2 g (2,000 mg)	†
† Daily Value (DV) not established.		

Directions: Adults: take 1/2 teaspoonful (one level scoopful) daily mixed into food or liquid. Keep bottle tightly closed. Store away from heat and moisture.

Warning: Do not take if you are pregnant or lactating or are sensitive to glycine.

Carlson

Providing the highest quality
nutritional supplements since 1965

Glycine helps maintain optimal energy levels and healthy metabolism, and is important for muscle tissue formation.* Glycine in powder form promotes superior absorption.

✓ **Gluten-free** ✓ **No Artificial Preservatives**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

POTENCY & QUALITY GUARANTEED

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This product is sold by weight not volume.



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