

EVIDENCE-BASED

Melatonin is a natural hormone secreted by the pineal gland, and combined with L-Theanine to promote relaxation and support healthy sleep patterns.*

Recommendations: Take ½ to 1 tablet 20 minutes before bedtime or as directed by your healthcare practitioner. Children, as directed by your healthcare practitioner.

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, dairy products, artificial coloring, artificial flavoring, preservatives, or ingredients of animal origin. This product contains natural ingredients; color variations are normal.

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*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



integrative
THERAPEUTICS, INC.

VITALINE®
**MELATONIN
FORTE™**
with L-Theanine

*Supports restful sleep**

60 SCORED TABLETS Dietary Supplement

Supplement Facts

Serving Size 1 tablet

Amount per tablet	%DV**
Calcium	65 mg 7%
L-Theanine (Suntheanine® brand)	40 mg **
Melatonin	3 mg **

**Daily Value (DV) not established.

Other ingredients: dicalcium phosphate, silicon dioxide, stearic acid, sodium starch glycolate, and ethylcellulose.

Warning: Melatonin Forte™ melatonin combination should not be used in the following conditions except as directed by your healthcare practitioner: Pregnancy, lactation, serious illness, autoimmune disorder, depression or use of anti-depressant drugs, or other prescription drugs, diabetes, or other endocrine disorders. Do not drive or operate machinery after use.

Suntheanine®, a patented form of L-Theanine, is a registered trademark of Taiyo International, Inc.