HUM®

BEAUTY STARTS FROM WITHIN

RECOMMENDED BY LEADING NUTRITIONISTS

RUNWAY READY™

for glowing skin, glamorous hair & perfect nails*

30 daily packs (3 pills) combining our RED CARPET™ + KILLER NAILS™ formulas

black currant seed oil
GLA + ALA + vitamin E + high potency biotin

DIETARY SUPPLEMENT | VEGETARIAN FORMULA

BEAUTY STARTS FROM WITHIN

At HUM our mission is to make you look great and feel even greater through scientifically researched nutrition.

RUNWAY READY™ daily packs have been designed by leading nutritionists to give your skin, hair and nails the nutritional support they deserve.* They combine two of our most popular formulas, RED CARPET™ and KILLER NAILS™.

RED CARPET™ for glowing skin & shiny hair*
Our vegetarian RED CARPET™ formula includes the perfect balance of GLA, ALA and Vitamin E, only found in nature and at HUM.* Made from bio-available nutrients from Black Currant and Sunflower seed, healthy essential fats that support glamorous hair and glowing skin.*

KILLER NAILS™ supports longer stronger nails & hair*
Let KILLER NAILS™ come to your defense, with 5000 mcg of Biotin to be exact. Widely used for strong nails and hair, and specially formulated for HUM in a high potency vegan formula.*

Recommended by
LEADING NUTRITIONISTS:

take content of 1 pack daily with food.

- Non GMO
- Gluten/Soy Free
- Vegetarian
- No artificial colors or preservatives
- Sustainably sourced
- GMP certified

This product contains NO ANIMAL PRODUCTS (including dairy, fish, shellfish, eggs & gelatin). It's FREE of gluten, sugar, salt, yeast, wheat, soy, milk & nuts. NO artificial colors, flavors or preservatives.

SUPPLEMENT FACTS: KILLER NAILS
Serving Size: 1 capsule, Servings per Container: 30

	AMOUNT PER SERVING	% DAILY VALUE
Biotin	5,000 mcg	1,667%

Other ingredients: rice flour, cellulose (capsule), magnesium stearate (vegetable source), and silica.

SUPPLEMENT FACTS: RED CARPET
Serving Size: 2 softgels, Servings per Container: 30

	AMOUNT PER SERVING	% DAILY VALUE
Calories	10	
Calories from Fat	8	
Total Fat	1 g	2%
Saturated Fat	0.1 g	<1%
Sodium	2 mg	<0.1%
Total Carbohydrate	0.4 g	<1%
Vitamin E from Sunflower Seed (as d-alpha Tocopherol)	20IU	66%
Black Currant Oil (*Ribes nigrum*) (Seed)	1000 mg	**
Gamma Linolenic Acid (GLA)	150 mg	**
Alpha Linolenic Acid (ALA)	120 mg	**

** Daily Value not established

Other ingredients: food starch modified, glycerin, carrageenan (from edible seaweed), water, and annatto.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Keep in a cool, dry place. Avoid storing in direct sun light.
Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs or are pregnant or lactating. Do not use if seal is broken.
KEEP OUT OF REACH OF CHILDREN.