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To assure optimal extraction of Meadowsweet's bioactive compounds, the plants are hand-harvested only while in full flower, are carefully shade-dried and cleaned of superfluous stems, and are then promptly extracted.

We prepare our Meadowsweet Extract from the leaf & flowering tops of *Filipendula (Spiraea) ulmaria* plants which are **Certified Organically Grown** on our own farm.

08

LIQUID HERBAL EXTRACT

# MEADOWSWEET

*Filipendula (Spiraea) ulmaria*

Leaf & Flowering Tops



HERBAL SUPPLEMENT

1 fluid ounce (29.6 ml)

## Meadowsweet Liquid Extract

Ingredients: certified organic grain alcohol (48-58%), distilled water, vegetable glycerine & Meadowsweet extractives.

Dry herb / menstruum ratio: 1 : 5

### SUGGESTED USE

SHAKE WELL BEFORE USING

Two to five times per day  
take 30 to 40 drops in a little water.

**Keep Out of the Reach of Children**

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