



Vitamin K₂

MK-7 (Menaquinone-7) • 180 mcg

DIETARY SUPPLEMENT

✓ Bone Support* ✓ Cardiovascular Function* ✓ Calcium Bioavailability*

180 Soft Gels | 180 Servings

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Carlson Providing the highest quality nutritional supplements since 1965

Supplement Facts

Serving Size 1 Soft Gel
Servings Per Container 180

Amount Per Serving	% DV
Vitamin K ₂ [as MK-7 (menaquinone-7)]	180 mcg †

† Daily Value (DV) not established.

Other Ingredients: Soft gel shell (beef gelatin, glycerin, water, carob), sunflower oil, d-alpha tocopherol, rosemary extract.

✓ **Gluten-free** ✓ **No Artificial Preservatives**

Warning: Vitamin K can antagonize the effect of anticoagulants, including Warfarin. Do not take this product if you are taking Warfarin or are pregnant or breastfeeding without first consulting with your physician.

Vitamin K2 as MK-7, derived from chickpeas, is important for the formation of strong, healthy bones and promotes arterial health.*

Directions: Adults: take one soft gel daily **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

MenaQ7[®]
Vitamin K2 as MK-7

is a registered trademark of NattoPharma, Norway. Patents granted and pending.

POTENCY & QUALITY GUARANTEED



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