



# Vitamin D<sub>3</sub>+K<sub>2</sub>

50 mcg (2,000 IU) & 90 mcg

DIETARY SUPPLEMENT

✓ Bone Support\* ✓ Cardiovascular Health\* ✓ Calcium Absorption\*

60 Vegetarian Capsules | 30 Servings

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

	Amount Per Serving	% DV
Vitamin D (as cholecalciferol)	50 mcg (2,000 IU)	250%
Vitamin K <sub>2</sub> [as MK-7 (menaquinone-7)]	90 mcg	†

† Daily Value (DV) not established.

Other Ingredients: Cellulose, hydroxypropyl methylcellulose, glycerol monostearate, magnesium stearate (veg.), silicon dioxide, antioxidant blend (ascorbyl palmitate, rosemary extract).

**Directions:** Adults: take two capsules daily **at mealtime** or as directed by your healthcare professional.

**Warning:** Vitamin K can antagonize the effect of anticoagulants including Warfarin. Do not take this product if you are taking Warfarin or are pregnant or breastfeeding without first consulting with your physician.

**Vitamin D3 + K2** work synergistically to support cardiovascular and bone health.\* Vitamin D3 helps regulate calcium absorption, and vitamin K2, derived from chickpeas, helps direct calcium to our bones.\*

✓ Soy-free ✓ Gluten-free  
✓ No Artificial Preservatives

**MenaQ7**  
Vitamin K<sub>2</sub> as MK-7

is a registered trademark of NattoPharma, Norway. Patents granted and pending.

**POTENCY & QUALITY GUARANTEED**

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